



COMING THIS FALL!! A NEW ONLINE GROUP DESIGNED TO HELP YOU FIND
YOUR **HEART'S DESIRE**--
YOUR OWN **TRUE NORTH**!

INTRODUCING **DR. DIANE HOEKSTRA**, A CLINICAL
PSYCHOLOGIST WHO HAS DESIGNED A 6 WEEK EDUCATIONAL
AND EXPERIENTIAL GROUP FOCUSED ON FINDING YOUR OWN
WISDOM, PURPOSE AND TRUE SELF. THIS GROUP GUIDES
YOU AS YOU GO INSIDE TO FIND YOUR **HEART'S DESIRE**--"

**"THE PLACE WHERE YOUR DEEP GLADNESS AND THE
WORLD'S DEEP HUNGER MEET."***

6 SESSIONS INCLUDE:

- FOCUSING ON YOUR HEART'S DESIRE AND HOW TO KNOW THIS MORE DEEPLY
- MAKING SPACE TO GO INWARD: THE **HEART CENTER**
- DOORWAY TO THE HEART--NATURE AND THE BODY
- SPIRITUALITY: HOW SCIENCE AND WISDOM CONVERGE
- SPIRITUAL PRACTICES
- THE NEW WAY FORWARD

ONLINE GROUPS WILL BE HELD ON TUESDAY EVENINGS 6:30-8 PM
SEPTEMBER 23RD, 30TH AND OCTOBER 7TH, 14TH, 21ST AND 28TH, 2025.
FEE: \$300

QUESTIONS OR MORE INFORMATION:
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* FREDERICBUECHNER